

# Sitting & Positioning Guide



*the best  
in  
body  
support*

Classification	Condition / Problem															
		Academy Twin 6	Academy Twin 10	Academy Positioner 6	Academy Positioner 10	Academy Adjuster 6	Academy Adjuster 10	Liberty ST	Liberty PPS	Liberty Back	Academy Butterfly	Academy All Rounder	Academy Adjuster Junior	Academy Junior Back	Academy Back	Academy Thoracic
Pressure	Existing Ischial Sore	▲	▲▲	▲	▲▲	▲	▲▲									
	Existing Sacral Sore		▲	▲	▲▲		▲									
	Increased Risk	▲▲	▲	▲▲	▲	▲▲	▲	▲			▲	▲				
	High Risk	▲	▲▲	▲	▲▲	▲	▲▲					▲▲	▲▲			
Pain	Pelvic Floor	▲▲	▲	▲▲	▲	▲▲	▲		▲				▲			
	Tail Bone	▲▲	▲	▲	▲▲	▲	▲▲		▲				▲			
	Thighs, hips	▲	▲▲	▲	▲▲	▲	▲▲		▲				▲			
	Trunk / Back Muscles / Spine	▲▲	▲	▲▲	▲	▲▲	▲		▲	▲▲	▲		▲	▲▲	▲▲	
	Neck and Shoulders	▲▲	▲	▲▲	▲	▲▲	▲		▲	▲▲			▲	▲▲	▲▲	▲
Nerve & Muscle	Reduced Sensitivity, buttocks	▲	▲▲	▲	▲▲	▲	▲▲		▲			▲▲	▲▲			
	Atrophy of Buttock Muscles	▲	▲▲	▲	▲▲	▲	▲▲		▲			▲▲	▲▲			
	Impaired Upper Trunk Control									▲	▲		▲	▲▲	▲▲+L	▲▲
	Impaired Lower Trunk Control									▲	▲▲		▲	▲	▲	▲
	Impaired Trunk & Arm Control									▲			▲	▲▲	▲▲+L	▲
	Impaired Trunk & Head Control									▲			▲	▲▲	▲▲+L	▲▲
	Increased Extensor Muscle Tone	▲		▲▲						▲			▲	▲▲	▲▲	▲
Left/Right Paralysis / CVA					▲▲	▲		▲	▲			▲	▲▲	▲▲	▲	
Skeleton	Asymmetry of the Pelvis	▲	▲▲	▲	▲	▲	▲▲						▲			
	Asymmetry of the Spine, Scoliosis	▲	▲▲	▲	▲	▲	▲▲			▲	▲		▲	▲▲	▲▲	▲
	Pelvic Instability (post pregnancy)			▲▲	▲											
	Restricted Hip Flexion		▲			▲	▲▲			▲	▲		▲	▲	▲	
	Increased Thoracic Kyphosis		▲		▲	▲	▲▲			▲				▲▲	▲▲	▲
	Amputation (Leg)	▲	▲			▲	▲▲						▲			
Soft Tissue	Obesity	▲	▲▲	▲	▲▲	▲	▲▲						▲			
Posture	Increased Sliding Tendency	▲	▲▲	▲	▲▲	▲	▲▲		▲▲							
	Increased Trunk Deviation Tendency		▲	▲▲	▲▲	▲▲	▲			▲	▲		▲	▲▲	▲▲	▲
	Increased Leg Adduction Tendency	▲	▲▲													
	Increased Leg Abduction Tendency			▲	▲▲											
	Windswept Hips		▲▲		▲▲	▲	▲▲									

▲ = Recommended   ▲▲ = Highly recommended   P = Pommel   L = Lateral

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