



Sizes and measurements

How to measure a client for a Standard P Pod.

Tape Measure Positioning

Please ensure that the tape measure is **kept straight** during measurement

Do not wrap the tape measure around the body.



Key Measurements

Symmetrical (standard) 'P' Pod dimensions mm (inches)						
	Measurements	(Size 2) XSmall	(Size 3) Small	(Size 4) Medium	(Size 5) Large	(Size 6) XLarge
A	Hip width	250 (10")	260 (10¼")	310 (12¼")	360 (14¼")	420 (16½")
B	Trunk width	220 (8¾")	250 (10")	270 (10½")	320 (12½")	340 (13½")
C	Seat Depth	230 (9")	290 (11½")	330 (13")	350 (13¾")	430 (17")
D	Shoulder height	370 (14½")	420 (16½")	440 (17¼")	510 (20")	550 (21¾")
E	Overall Height	980 (3ft 2")	1160 (3ft 9")	1300 (4ft 3")	1380 (4ft 6")	1610 (5ft 3")



A-Hip Width

Measure in a straight line from the outside of the hip to the outside of the hip across the front of the body.



B-Trunk Width

Measure in a straight line from armpit to armpit across the chest.



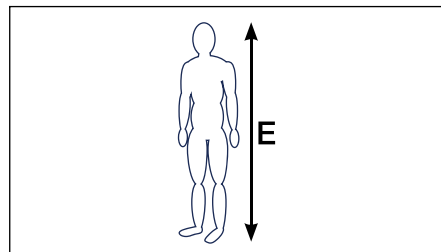
C-Seat Depth

Position the clients leg at right angles (pictured) Measure from the buttock to the back of the knee.



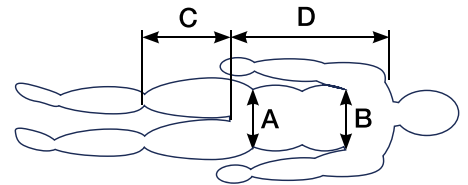
D-Shoulder Height

Measure from the bottom of the buttock to the bottom of the shoulder.



E-Overall Height

Measure the clients height whilst standing (from head to toe)



For more information or advice, please call: 0044 (0)1283 812860 (UK office hours)

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